"Actualizing Aspirations: A Practice for Embracing an Integral Vision for Transformation

12th October 2023 @ Trincomalee Campus, Eastern University, Sri Lanka.

#### Name of the Track:

#### TITILE (BOLD, SIZE 12, UPPER CASE, CENTER)

#### **INTRODUCTION** (All Caps, 12-pt. Times New Roman, Boldface, left-justified)

It should include background information about the work and its relevance, as well as a list of relevant literature and a description of how it relates to or differs from yours. In the beginning, you should also outline the scope and limitations of your research. As evidence for or justification of an argument or assertion, please cite relevant sources.

The manuscript text should be single spacing, 12pt, Times New Roman font, justified. All illustrations must be designed inside of the main text.

## **RESEARCH PROBLEM(S)/ISSUE(S) (IF RELEVANT)** (All Caps, 12-pt. Times New Roman, Bold, left-justified)

You could describe specific concerns, obstacles, paradoxes, or knowledge gaps that you will address in your research in this section. You could look for practical concerns that can help bring about change or theoretical issues that can help you learn more.

The manuscript text should be single spacing, 12pt, Times New Roman font, justified. All illustrations must be designed inside of the main text.

**OBJECTIVE(S)** (All Caps, 12-pt. Times New Roman, Bold, left-justified) Provide a clear statement/s of goals and objectives/specific objectives of the research that should be understandable to reviewers/scholars from various other disciplines.

The manuscript text should be single spacing, 12pt, Times New Roman font, justified. All illustrations must be designed inside of the main text.

# THEORETICAL CONSIDERATIONS AND EMPIRICAL EVIDENCE (IF RELEVANT) (All Caps, 12-pt. Times New Roman, Bold, left-justified)

Provide details on specific and major theoretical aspects here (if relevant).

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#### **RESEARCH METHODOLOGY** (All Caps, 12-pt. Times New Roman, Bold, left-justified)

The methodology part should be detailed enough for the reader to understand what was accomplished. It is acceptable to make references to the methodology. You can use as many sub headings as you want in the methodology section.

The manuscript text should be single spacing, 12pt, Times New Roman font, justified.

All illustrations must be designed inside of the main text. All illustrations must be prepared inside of the main text.

## FINDINGS / RESULTS AND DISCUSSION (All Caps, 12-pt. Times New Roman, Bold, left-justified)

In this area, you may add a description of the study's key findings using data, figures, and tables. In addition, the results should be interpreted for the reader and the relevance of the findings should be discussed in the discussion section with the necessary citations. **Note that the results and discussion should devote 50% of the extended abstract.** Within the results and discussion section, you can apply as many sub-headings as you needed.

The manuscript text should be single spacing, 12pt, Times New Roman font, justified. All illustrations must be designed inside of the main text.

#### **CONCLUSION(S)** (All Caps, 12-pt. Times New Roman, Bold, left-justified)

Write a succinct paragraph bringing everything together to help clarify the research and remind the reader of the key arguments and their significance. You can also suggest future study possibilities on the issue.

#### **REFERENCES** (All Caps, 12-pt. Times New Roman, Bold, left-justified)

References should be cited within your extended abstract using the APA 7th style. Examples of reference formats are given in the Specific guidelines sections. For additional information on formatting references, refer to the "Referencing Guidelines" under the "Submission" section on the ARC - 2023 website.

### Extended Abstract Preparation - Specific Guidelines

#### **Extended Abstract Length**

Extended abstracts should be at least three pages, but not more than five A4 size pages in length, including the references. The word limit is 2000 - 2,500 words.

### **Using Predefined Styles**

The style elements identified in this section have been defined for you to lend consistency to the group of papers. Times New Roman is the preferred font type.

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All abstracts should be written in English language using MS Word (.docx/.doc format) or appropriate tool/software. You must submit a Portable Document Format (PDF version) of your abstract for the review process.

Use the following levels of this font type to describe the different sections of your extended abstract;

- 1. Title: All Caps, 12-pt. Times New Roman boldface, left-justified
- 2. Author: (Bold, Title Case, Size 11, Center, Single Spacing)
- 3. Heading 1: 12-POINT TIMES NEW ROMAN BOLD, ALL CAPS
- 4. Heading 2: 12-Point Times New Roman Bold
- 5. Heading 3: 12-Point Times New Roman Bold
- 6. Normal (body) text: 12-point Times New Roman, Justified
- 7. Paper Size: A4
- 8. Margins: 1 inch for left and right, and 0.75 inches for down, 1.5 inches for up
- 9. Line Spacing: Single
- 10. Spacing Before and after: 0
- 11. Number of Pages: minimum three and maximum five including references
- 12. Spellings: British style
- 13. Non-English and Technical Terms: In italics
- 14. Figures: See figure format for more information
- 15. Tables: See table format for more information
- 16. Text: Justified
- 17. Page numbering: 12pt, Times New Roman, Bottom-Right

#### TABLE FORMAT

Tables must be created using the Microsoft Word or WordPerfect table functions and included as part of the text immediately after the first point of reference. For improved readability, keep your tables as simple as possible. All the tables should use only three horizontal lines (No lines to separate columns) and be centered in the main body/text.

Table 1. Title of the table (12-point Times New Roman, table title should appear immediately above the table)

Month	Jan.	Feb.	Mar.	Apr.	May.	Jun.
Arrivals <sup>1</sup>	0,000	000	00,000	000,000	000	00,000
Departures	0,000	000	00,000	000,000	000	00,000
Total	0,000	000	00,000	000,000	000	00,000

(Source)

Any explanations of table data should immediately follow the table and be formatted as plain body text. Notations and references, such as superscript letters and number notations, are acceptable within the table, and a legend describing notes should follow directly beneath the table.

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Table numbers should be indicated in the text as (Table 1) if it is a part of a sentence. If several tables are mentioned in the text, it would be "(Table 1 and 2) or as appropriate.

FIGURE FORMAT Figures include charts, graphs, and drawings. All figures and other graphics should be embedded or electronically placed within the text immediately after the first point of reference. Please do not put them on separate pages at the end of your extended abstract. All the figures should be centered in the main body/text. Figures must be labeled properly with the X, and Y axes marked/labeled and include a legend as appropriate. The figure should be easily understandable and contain enough information in it, including the caption. You may use double X/Y axes if necessary. The figure caption should be 12 pt, Times New Roman font, left-justified, and appear immediately below the figure. The texts or legends in graphs, illustrations, or images should be set in 10pt "Time News Roman (10 Pt TNR)" font.

Figure 1: Figure caption/title (The figure caption should be 12 pt, Times New Roman font, left-justified and appear immediately below the figure, with enough information to describing the figure)

<sup>&</sup>quot;Actualizing Aspirations: A Practice for Embracing an Integral Vision for Transformation